



4: Building and Maintaining Healthy Relationships

Message Review

All of our relationships impact us for both good and bad. We have to be cognizant of where our relationships are leading us. Scripture is clear – a healthy tree produces good fruit. This is why our spiritual family relationships are so important and we would be wise to view and act on our Christian family relationships as God desires. This doesn't mean achieving perfection, but we do need to be healthy to appropriately handle the issues that come with relationships. This puts a foundational focus on God's love. *Your capacity to love is limited by your revelation of how much God loves you. #bccBIGidea*

Defining love through God is of the utmost importance. Anything else is simply skewed and imperfect. Growing in the knowledge and experience of God's love helps us build and maintain healthy relationships.

Reset Prayer

Father,

You are Love. Your perfect expression of love towards me is incomprehensible! Help me to grasp this truth and let it be the foundation of who I am and how I view and treat others. As I read Your Word, teach me, Lord.

Amen.

Scriptures to Pray Through

Matthew 12:33-35

Matthew 22:34-40

1 John 4:19

These passages cause me to take a hard look at my innermost self. I encourage you to ask God to help you process His love for You, how you accept His love, and how that has shaped your thoughts, actions, and your capacity to love others.

Consider the [Five Proper Biblical Interpretation Questions](#).

(Available at the link above or on the Resource page on BCC's website.)

Suggestions for the Week

Consider committing to memory one of the verses from above. Let it sink into your soul this week and create a foundation of who you are.

Sunday Lunch: The challenge is still extended. Use this opportunity to be led by God into a deeper and healthier relationship within Christ's family. The invitation has been extended for a larger lunch opportunity on May 21 in the Café from 12:15-2:15pm. Space is limited. RSVP to woodfamily5@msn.com or 563-271-3006 by May 15.

Do you have a fun God-moment from a Sunday Lunch experience? [Share it with us HERE!](#)



Prayer is the number one factor when seeking to bring Christ to others.

Monday Morning Prayer, 6-9am – Worship Center – Guided prayer, 8:30-9am (also on Facebook Live).